

PRESS RELEASE
IOWA BOARD OF MEDICAL EXAMINERS
(June 14, 2007)

Recently, the Iowa Board of Medical Examiners took the following action:

Azber A. Ansar, M.D., a 37 year-old internal medicine physician practicing in St. Paul, Minnesota, had formal disciplinary charges failed against him by the Board on June 7, 2007. The Board charged Dr. Ansar for being disciplined by another state licensing board and for engaging in unprofessional or unethical conduct or practice harmful or detrimental to the public. Dr. Ansar pleaded guilty to falsely reporting a crime. He allegedly stabbed himself with a knife and reported that his wife had stabbed him in an effort to gain an advantage in a contentious custody battle. On February 6, 2007, the State Medical Board of Ohio suspended Dr. Ansar's Ohio medical license for a period of six (6) months after concluding that he had pleaded guilty to a criminal offense which involved morale turpitude in violation of Ohio law. A hearing is scheduled in this matter on July 19, 2007.

Charles J. Ruzkowski, M.D., a 53 year-old gastroenterologist practicing in Colorado Springs, Colorado, entered into a Settlement Agreement with the Board on June 7, 2007. On March 29, 2007, the Board charged Dr. Ruzkowski with being disciplined by another state licensing board. On July 18, 2003, Dr. Ruzkowski pleaded guilty to harassment following an argument with his wife. He received a deferred sentence and he was required to complete a domestic violence evaluation and counseling. On September 15, 2005, Dr. Ruzkowski entered into an Order with the Colorado Board and he was placed on probation for a period of three years. Under the terms of the Iowa Settlement Agreement, Dr. Ruzkowski received a public reprimand, was ordered to pay a \$1,000 fine and he must report to the Iowa Physician Health Program (IPHP) at least sixty (60) days prior to practicing medicine under his Iowa medical license.

Larry D. Sutton, M.D., a 49 year-old physician formerly practicing in Fairfield, Iowa, entered into a combined Statement of Charges and Settlement Agreement with the Board on June 7, 2007. The Board charged Dr. Sutton with failing to conform the minimal standard of care. Dr. Sutton was charged for inappropriately closing his medical office without providing proper notice to patients; inappropriately prescribing medications via the Internet; inappropriately prescribing medications to himself, his family and family friends and inappropriately prescribing fluoxetine and phentermine to numerous patients for weight loss. Dr. Sutton has stopped practicing medicine and is engaged in research. Dr. Sutton voluntarily surrendered his Iowa medical license to resolve this matter.